

The potential of *Leucosidea sericea* against *Propionibacterium acnes*



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ABSTRACT

The present study reports on the potential of *Leucosidea sericea* addressing acne vulgaris. Four known compounds namely phytol acetate, triacontanol, phytol and alpha kosin and one new compound namely, (E)-3,7,11,15-tetramethylheptadec-2-ene-1,17-diol have been isolated for the first time from this plant. The ethanol extract of leaves and one of the isolated compounds, alpha kosin exhibited significant minimum inhibitory concentration (with MIC values 15.7 µg/mL and 1.9 µg/mL, respectively) against acne inducing bacteria, *Propionibacterium acnes*. Moreover, the transmission electron micrographs showed the efflux of intracellular content of the cells of *P. acnes* caused by plant extract and alpha kosin. The ethanol extract of *L. sericea* exhibited significant anti-inflammatory activity by suppressing interleukin 8 (IL 8) and tumour necrosis factor (TNF α) in coculture of human U937 cells and heat killed *P. acnes* at concentrations of 25.0, 12.5 and 6.2 µg/mL.

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1. Introduction

Acne is an inflammatory disease caused by gram-positive bacterium *Propionibacterium acnes* (*P. acnes*). It is the most common skin disease that affects areas covering the oil glands and hair follicles usually found on the face, chest, upper arm, back and trunk (Leydon, 1997). *P. acnes* is an obligate anaerobic organism that has capability to metabolise sebaceous triglycerides into fatty acids inside sebaceous gland. Also, due to the increased production of sebum, thickening of epidermis at the outlet of pilosebaceous unit occurs resulting in obstruction to the flow of sebum outwards and a comedo develops (Chomnawang et al., 2005; Coenye et al., 2012). Due to increased fatty acids content, the production of various reactive oxygen species (ROS) from the damaged follicular walls lead to the release of various cytokines like interleukin 8 (IL 8) and tumour necrosis factor (TNF α) as host immune response. All these events lead to inflammation and pathogenesis of the disease. The usual drugs used in the treatment of acne have various side effects. The topical antibiotics can lead to dryness, redness, irritation of skin and hypopigmentation, whereas oral antibiotics can cause gastrointestinal disorders and increase the risk of venous thromboembolism (Arican et al., 2005; Shaw and Kennedy, 2007).

The plant *Leucosidea sericea* Eckl. & Zeyh. (Rosaceae) is a single species of the genus *Leucosidea*, found in Eastern Cape, Free State and KwaZulu-Natal provinces of South Africa (Van Wyk et al., 2008). It is used against various ailments including severe inflammation of the eyes and in the treatment of ophthalmia (Aremu et al., 2010). The Zulus, a South African tribe, use the plant as an astringent in combination with other plants (Fouche et al., 2008). Earlier researchers have reported *in vitro* antimicrobial, antioxidant, acetyl-cholinesterase inhibitory (Aremu et al., 2011) and moderate anticancer activity (Fouche et al., 2008) of *L. sericea*. There are very few reports on the phytochemical investigation of the plant. Previous researchers have isolated two phloroglucinols, namely, aspidinol and desaspidinol from the leaves and flowers, while the presence of β-sitosterol and β-sitostenone were reported from the stems (Bosman et al., 2004; Nair et al., 2012). In our continuing search for bioactive molecules from plant resources, present paper describes the isolation and characterisation of four long chain fatty alcohols with one phloroglucinol derivative and their anti-bacterial, antioxidant and anti-inflammatory activity.

2. Results and discussion

2.1. Identification of isolated compounds

The ethanol extract of dried and powdered leaves of *L. sericea* subjected to chromatographic purification resulted into isolation of five compounds 1–5. Structural assessment of these compounds

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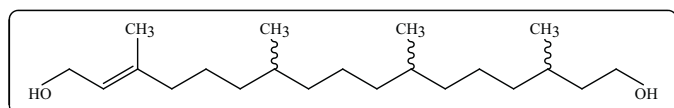


Fig. 1. Structure of compound **4** isolated from *L. sericea*.

was characterised by Mass, ^1H and ^{13}C NMR spectroscopic data. Assignment of signals was facilitated by COSY, HSQC and HMBC experiments. The known compounds obtained in this study, phytol acetate (**1**) (Itoh et al., 2003), triacontanol (**2**), (Tsai et al., 2007), phytol (**3**) (Itoh et al., 2003), and alpha kosisin (**5**) (Woldemariam et al., 1992) were identified by comparison of their physical and spectroscopic data with literature reports.

Compound **4** was obtained as an oily liquid from a variety of chromatographic separations. The IR spectrum (KBr) exhibited absorption bands at 3417 and 3300 (corresponding to two hydroxyl groups) along with other absorption bands at 2954 and 2849 cm^{-1} . Elemental analysis (Found: C, 77.21%; H, 12.93%/requires: C, 77.24%; H, 12.96%) in combination with 21 carbons resonance and a molecular ion peak $[\text{M}+\text{H}]^+$ observed at m/z 327.3021 in positive mode of EI-MS, established the molecular formula to be $\text{C}_{21}\text{H}_{42}\text{O}_2$. A peak at 295.2727 appeared due to loss of $[\text{M}-\text{CH}_2\text{OH}]$ moiety. ^1H NMR spectrum (200 MHz in CDCl_3) of compound **4** exhibited the signal of H-2 at δ 5.39 ($J = 8$) vicinally coupled to the two protons doublet on C-1 at δ 4.15 ($J = 8$) and allylically to the protons on C-4 and the vinyl methyl (C-21). The methylene protons doublet at δ 4.15 ($J = 8$) showed correlation with an olefinic proton δ 5.39 in $^1\text{H}-^1\text{H}$ COSY experiment suggested the presence of a double bond between C-2 and C-3. In ^{13}C NMR spectrum (50 MHz, CDCl_3) of compound **4**, the two carbon resonance signals observed at δ 141.2 and 123.9 were evidenced for olefinic carbon positioned at C-3 and C-2, respectively. The chemical shift values corresponding to protons and olefin methyl group attached to respective hetero-nuclear carbons were evidenced on the basis of HSQC spectrum. In HMBC spectrum, the proton H-2 was found to be correlated to C-3. Similarly, H-2 showed connectivity to C-4 and C-17. Also, the correlations were observed between olefin methyl protons at δ 1.65 to C-2 and C-4.

On the basis of identical chemical shift values as well as in DEPT and HMBC signals, compound **4** was found to be almost related to compound **3**. The cross-signals in the proton spectrum showed a two proton triplet at δ 3.62 ($J = 6$) and a carbon spectrum signal which appeared at δ 63.9 evidenced a hydroxyl group bearing carbon. The protons appeared at δ 3.62 were found strongly attached to the carbon signal at δ 63.9 as evidenced in the HSQC

spectrum. The proton H-17 at δ 3.62 was found to be correlated with C-15 in hetero-nuclear multiple bond coherence. Hence, a new phytol analogue (*E*)-3,7,11,15-tetramethylheptadec-2-ene-1,17-diol, was identified from the combined spectral analysis of compound **4** (Fig. 1). To the best of our knowledge this is the new compound which has been isolated first time from the plant *L. sericea*.

2.2. Antibacterial bioassay

The antibacterial activity of ethanol extracts of *L. sericea* and isolated compounds have been summarised in Table 1. The ethanol extract of *L. sericea* inhibited the bacterial growth and exhibited noteworthy MIC value of 15.6 $\mu\text{g}/\text{mL}$. Compound **5** was found to be the most active compound against *P. acnes* with MIC value of 1.9 $\mu\text{g}/\text{mL}$ as compared to tetracycline (positive control) with MIC value of 3.1 $\mu\text{g}/\text{mL}$. It is worth noting that threshold MIC values of 100 $\mu\text{g}/\text{mL}$ and 10 $\mu\text{g}/\text{mL}$ have been recommended for plant extracts and pure compounds, respectively, to rate them as having significant antimicrobial activity (Kuate, 2010). Thus the MIC values measured for the activity of crude extract and compound **5** can be considered significant. Compounds **1–4** did not show any growth inhibitory activities at highest concentration tested (500 $\mu\text{g}/\text{mL}$). To the best of our knowledge, the antibacterial activity of *L. sericea* and isolated compounds (**1–5**) against *P. acnes* is being reported for the first time. However, petroleum ether and dichloromethane leaves extract of *L. sericea* was found to be active against *Bacillus subtilis* and *Staphylococcus aureus*, respectively, with MIC value of 0.025 mg/mL (Aremu et al., 2010). In the present study no activity for compounds **2** and **3** was found. Contrary to this, in a study, compound **3** exhibited activity against *Mycobacterium tuberculosis* and *Mycobacterium avium* with MIC values of 2 $\mu\text{g}/\text{mL}$ and 16 $\mu\text{g}/\text{mL}$, respectively (Rugutt and Rugutt, 2012); and compound **2** showed antibacterial activity against *Escherichia coli*, *S. aureus*, *Bacillus cereus* and *Lactobacillus acidophilus* with MIC values ranging between 0.01 and 0.1 $\mu\text{g}/\text{mL}$ (Upadhyay et al., 2010). Based on the literature search, no antimicrobial activity of compounds **1** and **5** was found.

2.3. Transmission electron microscopy (TEM)

For microscopy studies, the plant extract and compound **5** which showed activity against the bacteria were selected. The TEM micrograph represents clear differences between untreated and treated *P. acnes*. The untreated *P. acnes* showed normal morphological characters with distinct cell wall which was long, spindle

Table 1
Antibacterial, antioxidant and cytotoxic effects of ethanol extract of *L. sericea* and isolated compounds.

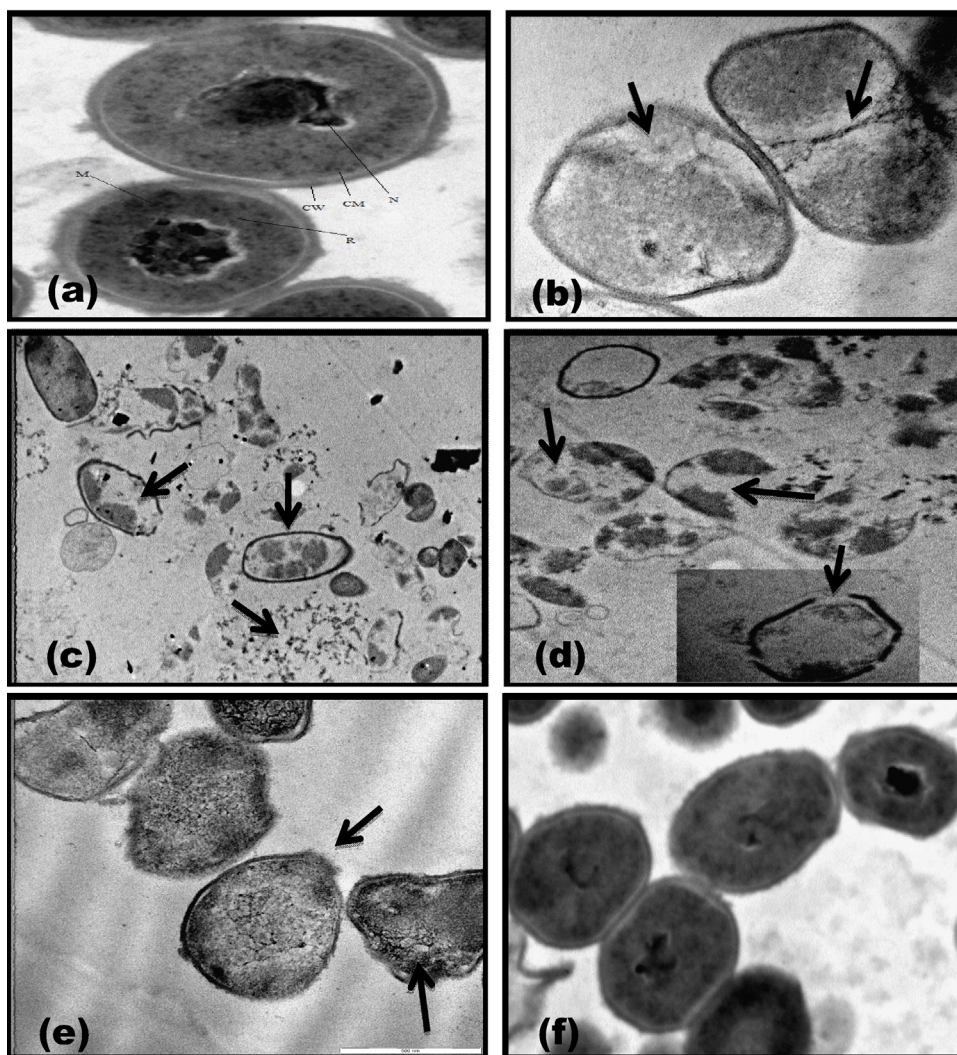
Test samples	Antibacterial MIC $\mu\text{g}/\text{mL}/(\mu\text{M})$	Antioxidant IC_{50} $\mu\text{g}/\text{mL}/(\mu\text{M})$	Cytotoxicity EC_{50} $\mu\text{g}/\text{mL}/(\mu\text{M})$	
			B16-F10 mouse melanocytes	U937 human macrophage
<i>L. sericea</i>	15.6	2.01	55.51	26.03
MF 1–5, 7–9, 11–14, 17–20	Na ^a	– ^b	–	–
MF 6	500	–	–	–
MF 10	1.9	–	–	–
MF 15, 16	31.3	–	–	–
1 (phytol acetate)	Na	>100	Nt ^c	Nt
2 (triacontanol)	Na	>100	>100	>100
3 (phytol)	Na	>100	>100	>100
4 ((<i>E</i>)-3,7,11,15-tetramethylheptadec-2-ene-1,17-diol)	Na	>100	Nt	Nt
5 (alpha kosisin)	1.9/(2.1)	5.05/(10.5)	<3.12	<3.12
PC ^d	3.1/(7)	1.98/(11.3)	$4.5 \times 10^{-3}/\mathbf{3.5 \times 10^6}$	$4.5 \times 10^{-3}/\mathbf{3.5 \times 10^6}$

^aNot active at the highest concentration tested (500 $\mu\text{g}/\text{mL}$).

^bNot applicable.

^cNot tested due to low yield.

^dPositive drug controls; tetracycline for antibacterial, vitamin C for antioxidant, actinomycin D for cytotoxicity.



(a) untreated bacteria, labelled structures: cell wall (CW); cytoplasmic membrane (CM); nucleoid (N); ribosomes (R); mesosomes (M) \times 60 K
 (b) *P. acnes* treated with *L. sericea* at 100 μ g/ml \times 60 K
 (c) *P. acnes* treated with *L. sericea* at 300 μ g/ml \times 40 K
 (d) *P. acnes* treated with compound **5** at 50 μ g/ml \times 50 K
 (e) *P. acnes* treated with positive control (tetracycline) at 50 μ g/ml \times 60 K
 (f) *P. acnes* treated with solvent (DMSO at 2.5%) \times 60 K. The arrows indicate cell injuries to the *P. acnes*.

Fig. 2. Transmission electron micrograph of a thin section of *P. acnes*. (a) Untreated bacteria, labelled structures: cell wall (CW); cytoplasmic membrane (CM); nucleoid (N); ribosomes (R); mesosomes (M) \times 60K; (b) *P. acnes* treated with *L. sericea* at 100 μ g/ml \times 60K; (c) *P. acnes* treated with *L. sericea* at 300 μ g/ml \times 40K; (d) *P. acnes* treated with compound **5** at 50 μ g/ml \times 50K; (e) *P. acnes* treated with positive control (tetracycline) at 50 μ g/ml \times 60K; (f) *P. acnes* treated with solvent (DMSO at 2.5%) \times 60K. The arrows indicate cell injuries to the *P. acnes*.

shaped, smooth and lined with cell membrane. A centrally located nucleoid surrounded by ribosomes was observed (Fig. 2a). The TEM micrograph showed cell injuries caused to *P. acnes* on exposure to the ethanol extract of *L. sericea* for 72 h. *P. acnes* treated with the ethanol extract of *L. sericea* at a concentration of 100 μ g/mL exhibited abnormal changes in cell content material, whereas at higher concentration of 300 μ g/mL, the cell wall of bacteria was found lysed and cell debris was observed (Fig. 2b and c). Compound **5** caused significant damage to the cells of *P. acnes* at a concentration of 50 μ g/mL. The intracellular content was found to be effluxed due to breaks in the cell wall. The intact cells showed changes in the appearance of cell organelles. Due to extensive lysis of the bacteria, the debris was observed all over (Fig. 2d).

Tetracycline treated bacteria at a concentration of 50 μ g/mL, caused significant damages to the cells of *P. acnes*, leading to damages in the cell membrane, distortion in the cell structure and shrinkage of cell content material (Fig. 2e). Treating *P. acnes* with DMSO at 2.5% exhibited no lethal effects to bacteria (Fig. 2f). The TEM micrograph confirms the antibacterial activity of *L. sericea* and compound **5** against *P. acnes*.

2.4. Antioxidant assay

DPPH assay provides antiradical properties of the samples. The antioxidants are able to stable the free DPPH radical due to their proton donating ability. The scavenging effect of *L. sericea* ethanol

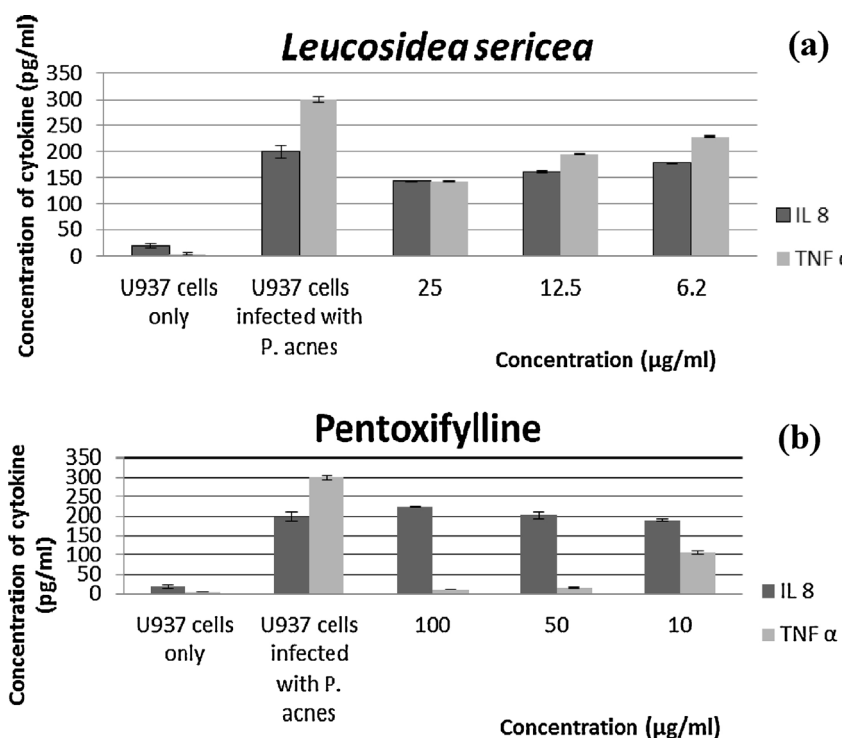


Fig. 3. (a) Dose-dependent inhibition of IL 8 and TNF α by ethanol extract of *L. sericea*; (b) differential response of pentoxifylline on the release of IL 8 and TNF α by U937 cells infected with *P. acnes*.

extract and compound **5** on DPPH increased with their increasing concentrations. These samples showed very significant antioxidant activity with IC_{50} values very similar to vitamin C, a widely used antioxidant compound. The results are shown in Table 1. The mg vitamin C equivalents/g dry weight for compound **5** was calculated to be 392. Compounds **1–4** did not show any antioxidant activity. Concerning the structure–activity relationship, it was clear that the presence of four free hydroxyl groups in compound **5** could be responsible for its antioxidant activity in comparison with compounds **1–4** which possess less or lacks any free hydroxyl groups. Similar to our results, it has been reported that the methanol extract of the leaves of *L. sericea* exhibited antioxidant activity with IC_{50} value of 3.0 $\mu\text{g/mL}$. However, petroleum ether and DCM extract exhibited a higher IC_{50} value of 26.2 $\mu\text{g/mL}$ and 27.7 $\mu\text{g/mL}$, respectively (Aremu et al., 2010). To the best of our knowledge, this is the first report of DPPH scavenging activity of all the compounds isolated in this study.

2.5. In vitro cytotoxicity assay

The cytotoxicity of the extracts and compounds **2**, **3** and **5** was done on B16-F10 mouse melanocytes and U937 human macrophage cells. The cytotoxicity analysis of compounds **1** and **4** was not conducted due to unavailability of sufficient amount of the samples. All the results are listed in Table 1. To the best of our knowledge, the cytotoxicity in the present study of the ethanol extract of *L. sericea* and three isolated compounds against B16-F10 mouse melanocytes and U937 human macrophage cells is reported for the first time. *L. sericea* exhibited moderate toxicity on B16-F10 cells and comparatively higher toxicity on U937 cells. Compound **5** showed significant toxicity on both the cell lines with EC_{50} value of <3.12 $\mu\text{g/mL}$. However, compounds **2** and **3** did not exhibit any toxicity on both the cell lines with 100% viability of cells at their highest concentration of 100 $\mu\text{g/mL}$. Similar to our findings, strong cytotoxic effects of compound **5** against MAC tumour cells with EC_{50} value of 1.5 $\mu\text{g/mL}$ was reported by

Woldemariam et al. (1992). Compound **2** was reported as non-toxic constituent of *Viburnum jucundum* (Rios et al., 2001). Compound **3** showed toxicity against skin cancer cells (SK-MEL-2), CNS cancer cells (XF498) and colorectal cancer cells (HCT15) with EC_{50} values ranging from 6.2 to 11.2 $\mu\text{g/mL}$ (Sung et al., 1999). No reports in the literature about the cell toxicity have been found for *L. sericea*.

2.6. Anti-inflammatory activity

P. acnes stimulate macrophages for increased production of pro-inflammatory cytokines such as IL 8 and TNF α which contributes to the induction of mediators of inflammatory response. In the present study, IL 8 and TNF α were used as major criteria for evaluation of anti-inflammatory activity. The U937 cells co-cultured with *P. acnes* caused an increase in the production of IL 8 and TNF α (Fig. 3a). To test the anti-inflammatory effects of *L. sericea*, an *in vitro* screening at three nontoxic concentrations were applied. As shown in Fig. 3a, the ethanol extract of *L. sericea* decreased the production of IL 8 and TNF α in dose-dependent manner. Furthermore, the plant extract did not increase the secretion of either of the cytokines in culture of U937 cells in the absence of heat killed *P. acnes* (data not shown). Pentoxifylline which was used as a control behaves differently on the cytokines. Based on the previous reports, it down regulated the secretion of TNF α and caused no change in IL 8 release (D'Hellencourt et al., 1996). As shown in Fig. 3b, our results were in agreement with other researchers. Significant inhibition of TNF α was observed at 100 and 50 $\mu\text{g/mL}$ of pentoxifylline, whereas no change in IL 8 concentration was observed. To the best of our knowledge, no reports about *L. sericea* in context with suppression of cytokines were found. Although, similar to our results, other plants, i.e. *Eucommia ulmoides* and *Ilex paraguariensis* extracts were reported to reduce the secretion of IL 8 and TNF α in human monocytic THP-1 cells pre-treated with *P. acnes* at concentration of 0.1 mg/mL (Tsai et al., 2010).

3. Materials and methods

3.1. General

Column chromatography: silica gel 60 (70–230 mesh, Sigma–Aldrich). Sephadex LH-20 (Sigma–Aldrich). NMR spectra were recorded on a Varian Oxford AV-200 MHz spectrometer, using reference line as a standard. IR spectra were recorded on a Nexus 670 FT-IR instrument from KBr pellets. *P. acnes*: ATCC 11827 (Anatech Company, Johannesburg). Cell proliferation Kit II: XTT (Roche diagnostics Pty Ltd., Johannesburg). All the cell lines and medium (Highveld Biological Pty Ltd., Johannesburg). Elisa kit and reagents (BD Biosciences, Johannesburg). All the chemicals were purchased from Sigma–Aldrich and Merck SA Pty Ltd.

3.2. Plant material

The twigs and leaves of *L. sericea* were collected from the botanical garden of University of Pretoria, Pretoria, in March 2011. A voucher specimen (PRU 119052) was deposited at H.G.W.J. Schwelckerdt Herbarium, Department of Plant Science, University of Pretoria, Pretoria.

3.3. Extraction and isolation

The air-dried and powdered leaves (2.3 kg) were soaked in 9 L of ethanol for 3 days at room temperature. The filtrates were collected and concentrated under reduced pressure by a rotavapor at 40 °C to produce 73 g of crude ethanol extract. About 60 g of the ethanolic extract of *L. sericea* was subjected to silica gel column chromatography (70 cm × 120 cm) with hexane fraction (Hex): ethyl acetate (EtOAc) mixtures of increasing polarity (100:0–0:100) followed by 100% methanol (MeOH) as eluent. In total 51 fractions (500 mL) were collected and similar fractions were combined according to thin-layer (TLC) profile, which resulted into 20 major fractions (MF). All the 20 major fractions were tested for antibacterial activity using broth dilution method against pathogenic *P. acnes*. The results are shown in Table 1. Fractions 6, 10, 15 and 16 showed inhibitory activity against *P. acnes*; hence were subjected further to chromatographic columns to isolate the bioactive compounds. MF 6 (600 mg) was separated on a silica gel column eluted with Hex: dichloromethane (DCM) mixtures of increasing polarity (100:0–0:100) which yielded twenty-three sub fractions (Sf). Sf 3–5 led to the isolation of compound **1** (6 mg, 0.01%), Sf 7–8 eluted compound **2** (10 mg, 0.02%) and Sf 9–12 led to the separation of compound **3** (9 mg, 0.02%) and compound **4** (8 mg, 0.01%) was obtained from Sf 13–14. The separation of MF 10 (1.4 g) was done using silica gel column chromatography eluting with mixture of Hex: (DCM:MeOH: 99:1) in equal ratio, which yielded forty-six Sf. Sf 4 and 5 were combined according to TLC analysis, consequently compound **5** (34 mg, 0.06%) was obtained. Further, MF 15 and 16 (2.3 g) were combined based on TLC profile and were separated similar to MF 10, which yielded one hundred and forty Sf. From the Sf 46–51, compound **5** (15 mg, 0.03%) was obtained for the second time.

3.4. Characteristic data of compound 4

(*E*)-3,7,11,15-tetramethylheptadec-2-ene-1,17-diol (compound **4**): colourless oil; UV (CDCl₃) λ_{max}(log ε) 217 nm; IR (KBr) ν_{max}: 3417, 3300, 2954, 2923, 2849, 1462, 1384 cm⁻¹. ¹H NMR (200 MHz, CDCl₃, δ in ppm, J in Hz): δ_H 5.43 (1H, t, J = 8, H-2), 4.12 (2H, d, J = 8, H-1), 3.62 (2H, t, J = 6, H-17) 2.01 (2H, 2× -OH), 1.97 (2H, t, J = 8, H-4), 1.65 (3H, s, H-21), 1.42–1.10 (21H, m, -CH₂, -CH-, H-5, H-6, H-7, H-8, H-9, H-10, H-11, H-12, H-13, H-14, H-15 and H-16), 0.86–0.83 (9H, 3× -CH₃, H-18, H-19 and H-20). ¹³C

NMR (50 MHz, CDCl₃): δ_C 141.2 (C-3), 123.9 (C-2), 63.9 (C-17), 60.2 (C-1), 40.7, 40.2, 38.2, 37.5, 33.6, 33.5, 32.7, 30.5, 30.4, 28.8, 25.9, 25.6, 25.3 (C-4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15 and 16), 23.5 (C-18), 23.4 (C-19), 20.6 (C-20), 17.0 (C-21). HREIMS [M+H]⁺ m/z 327.3021 (calcd. for C₂₁H₄₂O₂+H, 327.3017 required 326 for C₂₁H₄₂O₂).

3.5. Antibacterial bioassay

The ethanol extract and compounds were tested against *P. acnes* by determining the minimum inhibitory concentration (MIC) values obtained by a broth dilution method as previously described by Mapunya et al. (2011) with few modifications. Briefly, the bacteria were cultured from a Kwik–Stick on nutrient agar and incubated at 37 °C for 72 h under anaerobic conditions before the assay. The 72 h culture of the bacteria was dissolved in nutrient broth and the suspension was adjusted to 0.5 McFarland standard turbidity. This resulted in 10⁵–10⁶ colony forming units (CFU)/mL. In a sterile 96-well plate, 100 μL of samples from the stock solution consisting of the plant extract/isolated compounds (2 mg/mL in 10% dimethyl sulphoxide (DMSO)) and the positive control tetracycline (0.2 mg/mL) was diluted with broth. Twofold serial dilutions were made in broth over a range to give concentrations of 500–3.9 and 50–0.3 μg/mL for the plant extract/isolated compounds and positive control tetracycline, respectively. The bacterial suspension (100 μL) was added to the wells. The wells with 2.5% DMSO and bacterial suspension without samples served as the solvent and negative controls, respectively. The plates were incubated at 37 °C for 72 h in an anaerobic environment. The MIC value was determined by observing colour change in the wells after addition of 2-(4-iodophenyl)-3-(4-nitrophenyl)-5-phenyl (INT) (defined as the lowest concentration that showed no bacterial growth).

3.6. Transmission electron microscopy (TEM)

The TEM procedures followed the protocol of a previous publication (Pan et al., 2009). Briefly, bacterial was concentrated by centrifugation at 10 000 rpm for 1 min. The pellet was resuspended in nutrient broth to a final OD₅₅₀ nm of 1. The concentrations of plant extract were 1.3 and 4 times of its MIC; and 5 times of MIC for pure compound in order to visualise the lethal effects of tested samples against bacteria. The bacterial suspension (5 mL) was mixed with plant extract and pure compound to a final concentration of 300 and 100 μg/mL for plant extracts and 50 μg/mL for pure compound. Tetracycline (50 μg/mL) and DMSO (2.5%) were used as positive and solvent control. The pathogen was treated for 72 h; the control group consisted of only bacterial suspension in nutrient broth. Controls, treated and untreated *P. acnes* cultures were centrifuged and fixed in 2.5% glutaraldehyde in phosphate buffer at room temperature for 1 h. Samples were washed with phosphate buffer and postfixed in both 1% osmium tetroxide and uranyl acetate. The cells were dehydrated in ethanol and embedded in quetol resin. Thin sections were prepared with a microtome and micrographs were taken using a JEOL JEM-2100F field emission electron microscope.

3.7. Antioxidant assay

Antioxidant activity of the ethanol extract of *L. sericea* and purified compounds was investigated using 1,2-diphenyl-1-picrylhydrazyl (DPPH) antioxidant assay. Following the procedures as described by Du Toit et al. (2001) for each sample, a dilution series (8 dilutions) was prepared in a 96 well plate by adding distilled water as a dilution medium. Final concentration of the samples ranged from 100 to 0.7 μg/mL. Each concentration was

tested in triplicates. Vitamin C was used as a positive control. The radical scavenging capacities of the samples were determined using a BIOTEK plate reader to measure the disappearance of DPPH at 550 nm. The radical scavenging activity was measured in terms of the amount of antioxidants necessary to decrease the initial DPPH absorbance by 50% (IC_{50}). The IC_{50} value of each sample was determined graphically by plotting the absorbance of DPPH as a function of the sample concentration in $\mu\text{g/mL}$. The IC_{50} is the amount of antioxidant necessary to decrease the initial DPPH absorbance by 50%. The results were calculated using the following equation:

$$AA\% = \left\{ \frac{\text{Abs}_{\text{blank}}(\text{Abs}_{\text{sample}} - \text{Abs}_{\text{control}})}{\text{Abs}_{\text{blank}}} \right\} \times 100$$

The mg vitamin C equivalents/g dry weight of potent samples was calculated as follows:

$$\text{VitEAC}(\text{mg AA}/100 \text{ g}) = \left(\frac{IC_{50}(\text{vit c})}{IC_{50}(\text{sample})} \right) \times 1000$$

3.8. In vitro cytotoxicity assay

The mouse melanocytes (B16-F10) cells were cultured in a complete Minimum Essential Eagle's Medium (MEM), whereas the human U937 cells were cultured in Roswell Park Memorial Institute (RPMI) containing 10% foetal bovine serum (FBS) and 1% gentamycin. B16-F10 (10^5 cells per well) and U937 (10^6 cells per well) were seeded into a 96-well plate. After an overnight incubation at 37°C in 5% CO_2 and a humidified atmosphere, the extract, compounds and the positive control (actinomycin D) were added to the cells. The final concentrations of plant extract and pure compounds were ranging from 400 to $3.13 \mu\text{g/mL}$ and 100 to $1.5 \mu\text{g/mL}$, respectively. The highest concentration of positive control ($0.05 \mu\text{g/mL}$) was serially diluted to eight consecutive wells. The plate was then incubated at 37°C in 5% CO_2 , and a humidified atmosphere after which the toxicity effects of the extracts was assayed using the XTT (sodium 3'-[1-(phenyl amino-carbonyl)-3,4-tetrazolium]-bis-[4-methoxy-6-nitrobenzene sulfonic acid hydrate) cytotoxicity assay. Fifty micro litres of XTT reagent (1 mg/mL XTT with 0.383 mg/mL PMS) was added to the wells and incubated for 1 h. The optical densities of the wells were measured at 450 nm (690 nm reference wavelength) using BIOTEK Power-wave XS multi well reader (A.D.P., Weltevreden Park, South Africa). By referring to the control (medium with DMSO), the cell survival rate was assessed. The 'Graph Pad Prism 4', statistical programme was used to analyse the 50% inhibitory concentration (EC_{50}) values.

3.9. Preparation of heat-killed *P. acnes* and measurement of cytokine production

The effect of plant extract on cytokine production (IL 8 and TNF α) was evaluated using enzyme immunoassay kits (ELISA) using method as described previously (Tsai et al., 2010). Briefly, the log phase culture of *P. acnes* was harvested, washed three times with phosphate buffer saline (PBS), and incubated at 80°C for 30 min to kill the bacteria. The heat-killed bacteria were stored at 4°C until use. The human U937 cells were seeded at 10^6 cells per well in a 24-well plate and was stimulated with heat killed *P. acnes* (wet weight $100 \mu\text{g/mL}$) alone and in combination with the different test samples. Pentoxifylline was used as a control. After 18 h incubation, the cell-free supernatants were collected and the concentrations of IL 8 and TNF α were analysed. Cytokine standards were serially diluted to facilitate the construction of

calibration curves necessary for determining protein concentration of test samples.

Conflict of interest

The authors declare that they have no conflict of interest.

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