

An exploratory study of contractile force production in muscle fibers from patients with inflammatory myopathies

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Abstract

Introduction: The mechanism by which weakness develops in idiopathic inflammatory myopathies (IIMs) is still unclear. In this study we investigated the maximum force of single muscle fibers from patients with IIMs.

Methods: Permeabilized single muscle fibers from patients with IIMs and healthy controls were subjected to contractility measurements. Maximum force and specific force production (maximum force normalized to fiber size) and fiber type were determined for each isolated fiber.

Results: A total of 178 fibers were studied from five patients with IIMs and 95 fibers from four controls. Specific force production was significantly lower in the IIM group for all fiber types.

Discussion: The findings from this exploratory study suggest that weakness in IIMs may, in part, be caused by dysfunction of the contractile apparatus. These findings provide a basis for further studies into the mechanisms underlying weakness in IIMs.

KEYWORDS

dermatomyositis, immune-mediated muscle disease, inflammatory myopathies, necrotizing autoimmune myopathy, polymyositis, single-fiber contractility

1 | INTRODUCTION

Idiopathic inflammatory myopathies (IIMs) are autoimmune muscle disorders of unknown cause that include dermatomyositis (DM), polymyositis (PM), necrotizing autoimmune myopathy (NAM), and inclusion-body myositis (IBM). In contrast to many hereditary myopathies, where abnormal or dysfunctional proteins may lead to impaired muscle fiber contractility,^{1–3} the mechanism of weakness in IIMs is less clear. Weakness is unlikely to be due solely to the loss of fibers from inflammatory necrosis, as the degree of inflammation and muscle weakness do not correlate,⁴ the number of necrotic fibers from histological analysis is usually small,^{5–8} and typically a rapid improvement in strength follows treatment with corticosteroids.^{6,7} Theoretically, weakness results from either a decrease in fiber numbers or impaired

contractile function of individual fibers. We hypothesized that inflammation leads to impaired contractile function, and employed *in vitro* permeabilized single-muscle-fiber contractility studies to assess contractile function at a cellular level in IIM patients and healthy controls.

2 | METHODS

2.1 | Muscle biopsies

Adult participants with suspected IIM and who were immunosuppressive treatment-naïve were recruited at Tygerberg Academic Hospital, Cape Town, South Africa, and referred to undergo diagnostic muscle biopsies. Only tissue from participants with a confirmed diagnosis of IIM, based on accepted criteria,^{9,10} and who had responded to corticosteroid treatment (initiated after the muscle biopsy) at 6 weeks after initiation, was included in the study. Patients with IBM were excluded, due to the different pathogenesis, course, time to diagnosis, and

Abbreviations: CSA, cross-sectional area; DM, dermatomyositis; IBM, inclusion-body myositis; IIM, idiopathic inflammatory myopathy; MRC, Medical Research Council; NAM, necrotizing autoimmune myopathy; P₀, maximum force; PM, polymyositis; SF, specific force; TNF- α , tumor necrosis factor- α .

response to treatment.^{11–13} Controls consisted of healthy adults who donated muscle samples for research at the University of Cape Town Research Unit for Exercise Science and Sports Medicine. The human research ethics committees of both Stellenbosch University and the University of Cape Town approved the study and participants provided informed consent.

Muscle biopsies were performed under local anesthesia and were taken from the vastus lateralis muscle, 2 to 3 cm anterior to the midpoint of a line connecting the greater trochanter and the superior patellar margin. In controls, biopsies were performed using a Bergström needle via a 5- to 7-mm incision. In patients with IIM, open biopsies were performed to ensure acquisition of sufficient tissue for diagnostic purposes, and small segments of muscle were allocated to this study. Fresh muscle specimens were divided into two or three samples of approximately 6 × 4 × 4 mm, rapidly frozen in liquid nitrogen, and stored at –200°C until analysis. Before analysis, each stored sample was thawed briefly in phosphate-buffered saline at 37°C for 1 minute and divided into smaller bundles, each consisting of 20 to 40 fibers. These bundles were then submerged into skinning solution containing 50% glycerol (pH 7.00) and stored at 4°C for 24 hours, replaced with fresh skinning solution the following day, and then stored at –20°C until analysis.¹⁴

2.2 | Contractility studies

Contractile properties of skinned single fibers were analyzed as previously described using a permeabilized single-fiber test system (Aurora Scientific, Ontario, Canada).¹⁵ Cross-sectional area (CSA) was determined from the diameter of the fiber using the equation $\pi [(0.8 \times \text{fiber diameter}) / 2]^2$, where 0.8 is to correct for an estimated 20% fiber swelling.¹⁶ Absolute force was measured in milli-newtons, and specific force (SF) was calculated as maximum force (P_0) normalized to CSA and expressed as kilo-newtons per meter squared. All experiments were performed at 12°C. The myosin heavy chain composition of each fiber was individually determined with gel electrophoresis and silver staining.¹⁷

TABLE 1 Demographic and clinical characteristics of participants^a

Participant	Diagnosis	Age (years)	MRC muscle strength grade for knee extension	Modified Rankin Scale score
IIM1	DM	42	5	3
IIM2	PM	60	4	4
IIM3	DM	58	4	3
IIM4	NAM	26	4	1
IIM5	NAM	53	4 [–]	4
HC1	HC	22	Not tested	0
HC2	HC	44	Not tested	0
HC3	HC	27	Not tested	0
HC4	HC	20	Not tested	0

Abbreviations: DM, dermatomyositis; HC, healthy control; IIM, idiopathic inflammatory myopathy; MRC, Medical Research Council; NAM, necrotizing autoimmune myopathy; PM, polymyositis.

^aAll females.

2.3 | Statistical analysis

Statistical comparisons between IIMs and controls were performed for all fiber types combined (types I, IIA, IIX, and hybrid), and for type I and IIA fibers separately. Type IIX and hybrid fibers were not compared separately due to their absence or small numbers in the biopsies. The D'Agostino-Pearson normality test was used to test for normality of distribution. The unpaired *t* test with Welch's correction was used to compare means and medians when data sets displayed a normal distribution, whereas the nonparametric Mann-Whitney *U* test was used for data sets with non-normally distributed data. Statistical analysis was performed using GraphPad Prism version 7 (GraphPad Software, La Jolla, California). For all parameters, mean ± standard deviation (SD) and median with interquartile range were calculated. Statistical significance was set at *P* < .05.

3 | RESULTS

Participants included consisted of four healthy controls (all females; mean age, 28 years) and five patients with IIMs (all females; mean age, 48 years). The median knee extension Medical Research Council (MRC) strength score for the IIM group was 4 (Table 1). Select muscle histology images are shown in Figure S1 online.

3.1 | CSA, P_0 , and SF

Overall, 178 fibers were studied from patients with IIMs, amounting to 55 type I, 98 type IIA, 6 type IIX, and 19 hybrid fibers (13 I/IIA, 2 I/IIX, 4 IIA/IIX). A total of 95 fibers, consisting of 59 type I, 29 type IIA, and 7 hybrid fibers (all I/IIA), were studied from the healthy control group.

Combined, there was no difference in mean CSA between the IIM and control groups. When compared separately, mean type I fiber CSA was 9% smaller in the IIMs group compared with controls, whereas mean type IIA fiber CSA was 24% smaller in the control

TABLE 2 CSA, P₀, and SF for IIM cases and female controls

Contractility parameter	Median (IQR)		Mean ± SD		P value
	IIMs	Controls	IIMs	Controls	
CSA (μm ²)					
All fiber types combined	3847 (2462–5806)	3317 (2826–4299)	4366 ± 2337	3657 ± 1309	.144
Type I fibers	2733 (2205–4299)	3317 (2826–4299)	3342 ± 1787	3656 ± 1268	.028
Type IIA fibers	4534 (2641–6325)	3317 (2826–4128)	4796 ± 2462	3623 ± 1423	.047
P ₀ (mN)					
All fiber types combined	0.28 (0.18–0.43)	0.37 (0.29–0.46)	0.33 ± 0.18	0.39 ± 0.15	<.0001
Type I fibers	0.19 (0.14–0.26)	0.33 (0.26–0.45)	0.21 ± 0.09	0.36 ± 0.13	<.0001
Type IIA fibers	0.37 (0.22–0.47)	0.41 (0.33–0.52)	0.37 ± 0.16	0.44 ± 0.18	.047
SF (kN/m ²)					
All fiber types combined	73 (54–98)	108 (81–136)	81 ± 37	115 ± 48	<.0001
Type I fibers	63 (46–94)	104 (79–131)	73 ± 36	105 ± 38	<.0001
Type IIA fibers	77 (61–104)	121 (101–146)	85 ± 35	131 ± 48	<.0001

Abbreviations: CSA, cross-sectional area; IIM, inflammatory myopathy; IQR, interquartile range; P₀, maximum force; SF, specific force.

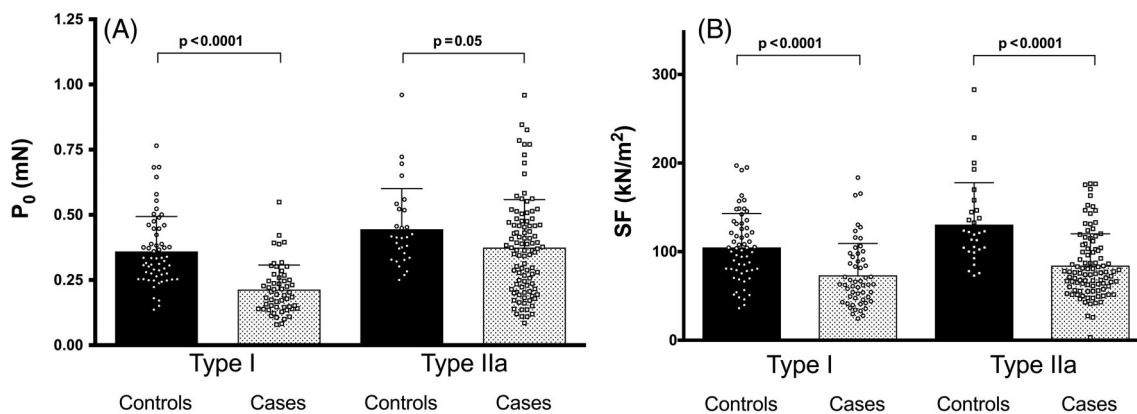


FIGURE 1 Maximum force (A) and specific force (B) of type I and IIA fibers from controls and idiopathic inflammatory myopathy cases. P₀, maximum force; SF, specific force

group (Table 2). Combined, P₀ and SF were 15% and 30% lower in the IIMs group, respectively. P₀ and SF of type I fibers were 42% and 30% lower in the IIMs group, whereas P₀ and SF of type IIA fibers were 16% and 35% lower (Figure 1 and Table 2).

4 | DISCUSSION

The findings of this study suggest that contractile force is impaired in IIMs, which is independent of a decrease in fiber size, as evidenced by decreased SF after correcting for CSA. The implication of this finding is that muscle weakness in IIMs is related to a functional impairment of muscle fiber contraction, and not a decrease in fiber size.

A number of different mechanisms have been proposed to explain weakness and fatigue in IIMs, including impaired sarcoplasmic reticulum Ca²⁺ release¹⁸ and abnormalities in energy metabolism, such as adenosine monophosphate deaminase 1 (AMPD1) deficiency.⁴ However, we

also observed impaired contractility, although Ca²⁺ and adenosine triphosphate were provided in sufficient quantities by the activating solution, thus discrediting abnormal Ca²⁺ release and energy metabolism.

A possible explanation for the impaired contractility may involve an interaction between one or more components of the inflammatory response and the contractile apparatus or its supporting structures. One such component is tumor necrosis factor-α (TNF-α), which has been shown to decrease contractile force of skeletal muscles in animal models.^{19–22} *In vivo* and *in vitro* experiments utilizing dog, hamster, and mouse models have shown impaired contractility within hours after TNF-α administration or incubation, both at the muscle (diaphragm) and myofibrillar level. The effect of TNF-α was partially blocked by the cyclooxygenase inhibitor indomethacin and by trolox (an antioxidant), suggesting that the action of TNF-α is mediated by cyclooxygenase products and/or intracellular oxidant activity.^{21,22}

Other than the effect of TNF-α, different explanations for the decrease in contractility should be considered. One such possibility is an

indirect effect of the disease process on force production, mediated by muscle disuse and inactivity. The effects of both long- and short-term immobilization have been investigated, and have been shown to decrease single-fiber force production in some,^{23–25} but not all, studies.²⁶ However, it should be noted that the extent of immobilization in these studies was substantial (complete immobilization, bed rest, or chronic spinal cord injury), whereas all participants in the current study were still mobile, although they had limited mobility from weakness and fatigue.

Our study has potential limitations. First, the number of participants was small, and the findings should be regarded as preliminary as the included participants may not be representative. Second, it could be argued that the different disease entities included in the IIMs group may have different pathological mechanisms. Although this may be correct, they also share a number of characteristics, some of which are likely to be relevant to the context of the current study and provide sufficient justification for grouping these entities for the purpose of this investigation. Another limitation is the fact that quadriceps strength was not tested in controls, but was only assumed to be normal. Last, due to a paucity of controls, we were not able to fully match for age. However, this is unlikely to have influenced the results, as SF does not appear to be affected by age.²⁷

In conclusion, the results of this exploratory study suggest that force production of muscle fibers from patients with IIM are adversely affected by the disease process, and this could, at least partially, explain the weakness in these disorders. Further studies are required to elucidate the pathological mechanism responsible for the development of impaired contractility. In particular, the role of the pro-inflammatory cytokine TNF- α warrants further investigation in view of experimental animal data. Furthermore, studies with sufficient numbers of participants are required to determine contractility in each IIM subgroup.

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CONFLICT OF INTEREST

The authors declare no potential conflicts of interest.

ETHICAL PUBLICATION STATEMENT

We confirm that we have read the Journal's position on issues involved in ethical publication and affirm that this report is consistent with those guidelines.

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of this article.

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