#### **REVIEW**





# The evolution of the nosology of osteogenesis imperfecta

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# **Abstract**

Osteogenesis imperfecta (OI) is a relatively common genetic skeletal disorder with an estimated frequency of 1 in 20 000 worldwide. The manifestations are diverse and although individually rare, the several different forms contribute to the production of a significant number of affected individuals with considerable morbidity and mortality. During the last decade, there have been extensive molecular investigations into the etiology of OI and these advances have direct relevance to the medical management of the disorder, and the purpose of this review is to document the history and evolution of the nosology of OI. The current nosology, based on molecular concepts, which are crucial in the identification of genotype-phenotype correlations in persons with OI, is also outlined. The successive revisions of the nosology and classification of OI have highlighted the importance of the nomenclature of the condition in order for it to be recognized by clinicians, scientists and patient advocacy groups. In this way, improved counseling of patients and individualized, tailored therapeutic approaches based on the underlying pathophysiology of the individual's type of OI have been facilitated.

#### KEYWORDS

genetic, nosology, osteogenesis imperfecta, thin bones

# 1 | INTRODUCTION

Osteogenesis imperfecta (OI) is a relatively common genetic skeletal disorder with an estimated frequency of 1 in 20 000 worldwide. The manifestations are diverse and although individually rare, the several different forms contribute to the production of a significant number of affected individuals with considerable morbidity and mortality.

The historical accumulation of knowledge concerning OI has been chronicled in successive editions of Victor McKusick's book "Heritable Disorders of Connective Tissue". In the mid-nineteenth century, Lobstein (Figure 1) documented the adult form of OI while Vrolik (Figure 1) described the lethal infantile type. At the beginning of the 20th century, Looser of Heidelberg introduced the terms "OI tarda" and "OI congenita". These designations have remained in use in clinical medicine. S

With the introduction of clinical genetics in the 1960s, the autosomal dominant (AD) mode of inheritance of the common adult form, OI-tarda became well established. In OI-congenita, the infantile form of OI, the consistent normality of the parents and the occasional recurrence in siblings were suggestive of autosomal recessive (AR) inheritance.<sup>3</sup>

In recent years, the classification of OI has been the subject of extensive discussion and the nosology has evolved with advances in molecular investigations resulting in the delineation of 20 forms of OI. This classification embodied the molecular heterogeneity of the disorder, but the resultant complexity subsequently resulted in confusion in clinical practice. For this reason, the initial phenotypically based Sillence classification has also been maintained. It is significant that in 1979, Sillence et al anticipated the future discovery of considerable heterogeneity. It is evident that both these approaches are different yet mutually beneficial for the optimal management of persons with OI.

The complexity of the current categorization became apparent during a study undertaken in South Africa which documented the oral and craniofacial manifestations in 64 Black South African persons with a confirmed diagnosis of osteogenesis imperfecta type III (OI III), based on the phenotypic manifestations of the disorder. Subsequent molecular investigations resulted in 23 of these individuals being

**FIGURE 1** Jean Frederick Lobstein 1777 to 1835 and Willem Vrolik 1801 to 1863. Google: https://commons. wikimedia.org (July 2015)





further delineated as having the OI XI genotype due to homozygous mutations in FKBP10.<sup>6</sup>

During the last decade, extensive molecular investigations into the etiology of OI have been undertaken and it has emerged that the molecular determinants are complex. These advances have direct relevance to the medical management of the disorder and the purpose of this review is to document the history and evolution of the nosology of OI. The current nosology, based on molecular concepts, which are crucial in the identification of genotype-phenotype correlations in persons with OI, is also outlined.

# 2 | METHODS

An electronic literature search was conducted using PubMed-MEDLINE, EBSCOhost, World of Science and Google Scholar. We searched these databases for terms relating to the nosology of OI, including "Osteogenesis Imperfecta", "nosology OR nomenclature OR classification". The authors used expanded terms and MeSH terms, where possible, to broaden our search. We then hand searched the reference lists of relevant studies to find related studies.

Of the 600 titles obtained from our literature search, 179 were found to be relevant and evaluated for inclusion. We extracted useful information and collated it to be included in this review. Results were organized according to chronological order using dated subheadings for clarity and to reflect the rapid expansion of knowledge over the last decade.

#### 3 | RESULTS

In 1788, Olaus Jacob Elkman described a family with a condition termed "Osteomalaciae Sistens" in a fragile boned family, which had various features associated with Ol. In the years to follow over

20 different synonyms or eponyms had been used to describe OI. The phenotypic heterogeneity contributed to a failure to group these conditions under a single umbrella-term.<sup>7</sup>

For the sake of chronological organization and clarity, dated subheadings have been employed. The increasing pace of the expansion of knowledge is reflected in the presentation of the years and decades.

#### 3.1 | 1970's

A group of experts from the field of genetics, pediatrics and pediatric radiology at a meeting of the European Society of Paediatric Radiology, gathered in 1970, in Paris and developed the first "Nomenclature of Constitutional Diseases of Bone". This document was referred to as The Paris Nomenclature, and it was widely accepted and published. The purpose of this nomenclature was to standardize the terminology used to designate the different entities, which comprise the group of constitutional or intrinsic diseases of bone. Thereafter, the Paris Nomenclature was regularly updated with revision meetings held in 1977, 1983, 1992, 1997, 2001, 2005, 2010, 2015 and 2019.

The impetus to the understanding of OI was afforded by Sillence et al<sup>4</sup>(1979) when subdivision into four main types was proposed. This numerical classification was based upon an analysis of clinical manifestations and the putative mode of inheritance (Table 1).

The Sillence classification does not reflect the true heterogeneity of the syndrome, but it remains useful in terms of genetic counseling and for the prediction of the clinical evolution of the disorder. In this way, decisions on therapeutic measures are facilitated and optimal management can be provided for the patients. Persons who receive details regarding testing, treatment and available choices are thereby, empowered to make appropriate decisions regarding pregnancy and their child's health.

**TABLE 1** Classification of osteogenesis imperfecta<sup>4</sup>

Туре	Clinical features	MOI
I	Blue sclera, moderate bone fragility	AD
II	Lethal in the perinatal period	AR
III	White sclera, severe with progressive deformity	AR
IV	White sclera, variable bone fragility	AD

Abbreviations: AD, autosomal dominant; AR, autosomal recessive; MOI, mode of inheritance.

# 3.2 | 1980's

By the 1980s, discoveries in collagen biochemistry and later in molecular biology conclusively revealed that the OI-congenita phenotype usually resulted from new dominant mutations. <sup>9,10</sup> At that time the occasional occurrence in siblings was explained on the basis of gonadal mosaicism. Most instances of AD OI are caused by mutations in the *COL1A1* and *COL1A2* genes. These genes are located on chromosome 17 and 7, respectively, and encode the polypeptide chains of type I collagen.

A multiexon deletion in a collagen gene, *COL1A1* was discovered in 1983<sup>11</sup> and in 1986, a heterozygous single nucleotide substitution in *COL1A1* was identified as the cause of the form of OI which was lethal in infants and young children.

# 3.3 | 1990's

The second official revision of the Paris Nomenclature took place in 1991 at a meeting of the International Working Group on Bone Dysplasias in Bad Honnef. <sup>12</sup>At this time, the classification of OI was orientated on radiographic and morphological criteria and encompassed the Sillence classification of four main types.

The third official revision of the 1972 Paris Nomenclature of Constitutional Disorders of Bone took place in 1997 in Los Angeles. In this version of the revised nomenclature, the groups of disorders were arranged based on etiopathogenetic information concerning the gene and/or the protein defect. Thirty-two groups of conditions were listed and OI was included in group 23 which was designated *Dysplasias with Decreased Bone Density*. The Sillence classification of the four main types was maintained and mutations in the *COL1A1* and *COL1A2* genes were documented.

Following the establishment of the International Society of Skeletal Dysplasia (ISDS) in 1999, the revisions were prepared by a group of experts within the ISDS and the term nomenclature was replaced with "nosology".

# 3.4 | 2000 to 2020

The next official revision took place in 2001 in Oxford and was published in 2002. This version included 33 groups of disorders with OI

being placed in group 24. Two new subtypes of OI were included, namely, Type V, which was characterized by the presence of dislocated radial heads and hyperplastic callus formation and Type VI, diagnosed on the bone histology.<sup>13</sup>

An expanded Sillence classification was published in 2004.<sup>14</sup> These authors added OI types V to VII, in which the underlying genetic defects were initially unknown. Thereafter, following comprehensive radiographic, bone morphologic and molecular genetic analyses, the establishment of an expanded classification was promulgated. Details are given in Table 2.<sup>15</sup>

In August 2009, in Boston, the Nosology Committee of the International Skeletal Dysplasia Society identified 456 genetic conditions and placed them into 40 groups, which were defined by molecular, biochemical and/or radiographic criteria. <sup>16</sup> OI was given special attention at this meeting and was placed in group 25 (Table 3).

Confusion was engendered by the aetiological complexity of the different forms of OI. Accordingly, the Nosology Committee suggested that the Sillence classification, which defined and classified OI according to clinical characteristics and inheritance pattern and not molecular findings should be retained in clinical practice. <sup>16</sup> In this "Working Nosology" Arabic numerals are used instead of Roman numerals (Table 4). In the tables below the grouping is compared with the historic numerical nomenclature but note that the International Nosology committee recommends Arabic numerals rather than Roman numerals.

In 2012, the molecular abnormality was identified in the rare AD OI type 5 in which *IFITM5* encodes Interferon-induced transmembrane protein 5.<sup>17</sup> A further 10% of AR OI has been shown to be caused by a growing list of mutant genes. These include *LEPRE1*, *PPIB*, *PLOD2*, *FKBP10*, *SERPINH1*, *SERPINF1*, *BMP1*, *SP7*, *CRTAP* and *TMEM38B*.<sup>18-24</sup> Mutations in *WNT1*, which encodes a signaling molecule in osteoblast differentiation and proliferation, have also been identified.<sup>25</sup>A homozygous deletion of *CREB3L1* was identified in a family with the progressively deforming OI phenotype has also been documented.<sup>26</sup>

With the discovery of each new genetic determinant and following further revisions of the nomenclature, the Sillence classification was expanded to include documented types of OI I to OI XV.<sup>27</sup>The categories OI I - OI IV were defined according to the radiological and clinical presentation of the disorder, whereas OI V to OI XV were established on the basis of the molecular findings. It is relevant, however, that there is considerable overlap in the clinical presentation of OI I to OI IV and OI V to OI XV.<sup>28,29</sup>

The ninth edition of the Nosology published in 2015 lists 436 disorders in 42 groups and records 364 determinant genes.<sup>30</sup> OI remains in group 25 and the phenotypically based Sillence classification is still maintained. OI type 5 has been included since it is radiologically distinct from other forms of OI. The nomenclature used with regard to OI is that which was recommended in 2011. This data are given in Table 4.

The number of genes documented in OI type 1 and OI type 2 remains the same as those recorded in 2011. Conversely, the number of genes involved in OI type 3 has increased from 7 in 2011

**TABLE 2** Expanded classification of osteogenesis imperfecta<sup>15</sup>

Туре	МОІ	Severity	Fractures	BD	Stature	DI	Sclerae	Hearing loss
I	AD	Mild	Few to 100's +/-	Common	Normal or slightly short	+/-	Blue	Present in +/- 50%
II	AD	Perinatal lethal	Multiple fractures of ribs, minimal calvarial mineralization platyspondyly, marked compression of long bones	Severe	Severely short stature	+	Dark blue	-
III	AR	Severe	Thin ribs, platyspondyly, thin fragile bones with many fractures, "popcorn" epiphyses common	Moderate to severe	Very short	+	Blue	Often
IV	AD	Moderate to mild	Multiple	Mild to moderate	Variably short stature	+/-	Normal to gray	Some
V	AD	Moderate	Multiple with hypertrophic callous	Moderate	Variable	-	N	No
VI	AR	Moderate	Multiple	Rhizomelic shortening	Mild short stature	-	N	No
VII	AR	Moderate	Multiple	Yes	Mild short stature	-	N	No

Abbreviations: AD, autosomal dominant; AR, autosomal recessive; BD, bone deformity; DI, dentinogenesis imperfecta; MOI, mode of inheritance.

**TABLE 3** Category 25: osteogenesis imperfecta and decreased bone density group <sup>16</sup> (modified by the author to only include OI and related conditions)

Name of disorder	MOI	MIM No.	Locus	Gene	Protein
OI, non-deforming (OI 1)	AD	166200		COL1A1, COL1A2	COL1A1: collagen 1 alpha 1 chain
					COL1A2: collagen 1 alpha 2 chain
OI, perinatal lethal form (OI 2)	AD, AR	166210		COL1A1, COL1A2, CRTAP, LEPRE1, PPIP	CRTAP: cartilage associated protein
					LEPRE1: leucine proline enriched proteoglycan (leprecan)
					PPIP: peptidylprolyl isomeraseB (cyclophilin B)
OI, progressively	AD, AR	259420		COL1A1, COL1A2, CRTAP,	FKBP10: FK506 binding protein 10
deforming type (OI 3)				LEPRE1, PPIP, FKBP10, SERPINH1	SERPINH1: serpin peptidase inhibitor, clade H, member 1
OI, moderate form (OI 4)	AD, AR	166220		COL1A1, COL1A2, CRTAP, FKBP10, SP7	SP7: SP7 transcription factor (osterix)
OI: with calcification of the interosseous membranes and/ or hypertrophic callus (OI 5)	AD	610967		Not identified	Not identified
OI: other types					
Bruck syndrome type I	AR	259450	17q21	FKBP10	FK506 binding protein 10
Bruck syndrome type II	AR	609220	3q23-24	PLOD2	Procollagen lysyl hydroxylase 2
Osteoporosis-pseudoglioma syndrome	AR	259770	11q12-13	LRP5	LDL-receptor related protein 5

Abbreviations: AD, autosomal dominant; AR, autosomal recessive; MOI, mode of inheritance; OI, osteogenesis imperfecta.

to 15, while in OI type 4 the number of listed genes increased from 5 to 8. The gene and the associated protein in OI type 5 were identified <sup>17</sup> (Table 5).

Bruck syndrome (BS) type 1, BS type 2 and osteoporosispseudoglioma syndrome are currently listed as autonomous disorders in group 25<sup>30</sup> and not as "OI, Other types" as previously designated.<sup>16</sup>

The 2015 Nosology Committee concluded that OI is a classic skeletal disorder whereby molecular diagnosis depends on

next-generation sequencing, although the prognosis is centered on phenotypic observations.

By this stage, it was evident that there was a detailed understanding of the molecular events necessary for collagen synthesis (COL1A1 and COL1A2), post-translational processing/modification (CRTAP, LEPRRE1, PPIB and TMEM38B), folding and crosslinking (SERPINH1, FKBP10 and PLOD2). Equally, many of the key genes/proteins involved in the pathogenesis of OI had been elucidated. It was also

**TABLE 4** Recommended nomenclature of osteogenesis imperfecta (OI) syndromes in order of severity (Nosology Committee of the International Skeletal Dysplasia Society (ISDS)<sup>16</sup>

Name of syndrome (recommended nomenclature of OI syndromes)	Equivalent numerical types
Classic non-deforming OI with blue sclerae (OI type 1)	I
Common variable OI with normal sclerae (OI type 4)	IV
OI with calcification in interosseous membranes (OI type 5)	V
Progressive deforming OI with normal sclerae (OI type 3)	III
Perinatally lethal OI (OI type 2)	II

apparent that other non-collagen genes, notably CREB3L1 and SP7, have roles in osteoblast differentiation.

In order to account for the rapidly growing list of new genes associated with OI, Forlino and Marini<sup>31</sup> proposed a functional metabolic classification scheme. This incorporated both clinical and genetic information for subtyping the condition on the basis of the altered intracellular or extracellular metabolic pathways (Table 6).

In the latest edition of the Nosology (2019), the pathogenic variants have been listed for 92% (425/461) of the disorders, which were included. The percentage of disorders in which the causal gene was identified was 58% (215/372) in the 2006 revision, 33 69% (316/456) in the 2010 revision, and 88% (385/436) in the 2015 revision. In distinction to preceding revisions, the protein is not listed, since this can be determined from the gene. The reference list of clinically recognized entities and their causal genes presented in

this 2019 edition of the Nosology may assist clinicians to attain an accurate diagnosis for their patients and help enhance research in skeletal biology.

OI is included in the "Osteogenesis Imperfecta and decreased bone density group" category 25 (Table 7). Although the phenotypically based Sillence classification is maintained, the classification of OI has now expanded up to OI type XX, with the latest addition, mutations in MESD resulting in a progressive deforming OI phenotype.

The PLOD2 and SEC24D genes have been removed as pathological variants involved in OI 3, although PLOD2 remains listed as a pathological variant in BS type 2. Two new genes, SPARC<sup>34</sup> and TENT5A<sup>35</sup> have been identified and included as causal genes in OI 3.

Clinical entities, osteoporosis X-linked form and osteoporosis AD form are also included in group 25.<sup>32</sup> In addition to the clinical entity associated with the *PLS3* gene, a recently recognized gene, *MBTPS2* which is now diagnosed as OI type XIX, is also implicated in the pathogenesis of X-linked Osteoporosis.<sup>36</sup>The *WNT1* and *LRP5* genes are listed as being involved in the pathogenesis of OI type XV and the X-linked form of AD osteoporosis, respectively.<sup>32</sup> The clinical entity, OI with calvarial doughnut lesions, has been found to result from mutations in *SGMS2*.<sup>37</sup> A further rare type of familial osteoporosis previously known as OI with jaw lesions, Levin type, was confirmed to result from mutations in *ANO5*.<sup>38</sup>

# 4 | DISCUSSION

The original classification, which was promulgated by Sillence in 1979 was comprised of four subtypes determined by severity, phenotype and radiological findings. Thereafter, the evolution in molecular genetics resulted in the discovery of several additional causative genes for OI. The identification of these novel genes has greatly enhanced the

**TABLE 5** Category 25: osteogenesis imperfecta and decreased bone density group,<sup>30</sup> (modified by the author to only include OI and related conditions)

Name of disorder	MOI	MIM No.	Gene	Protein
OI type 3	AD, AR	259420	COL1A1, COL1A2, CRTAP, LEPRE1, PPIP, FKBP10, SERPINH1	Refer to OI type 3 (Table 3)
			<sup>a</sup> BMP1, PLOD2, SERPINF1, SP7, WNT1, TMEM38B, CREB3L1, SEC24D	BMP: bone morphogenetic protein 1 PLOD: procollagen lysyl hydroxylase 2 SERPINF1: serpin peptidase inhibitor, clade F, member 1 SP7: SP7 transcription factor (osterix) WNT1: wingless-type MMTV integration site family, member 1 TMEM38B: transmembrane protein 38B CREB3L1: OASIS SEC24D: SEC24-related gene family, member D
OI type 4	AD, AR	166220	COL1A1, COL1A2, CRTAP, FKBP10, SP7	Refer to OI type 3 above
			<sup>a</sup> WNT1, SERPINF1, PPIB	PPIP: peptidylprolyl isomeraseB (cyclophilin B)
OI type 5	AD	610967	<sup>a</sup> IFITM5	Interferon induced transmembrane protein 5

Abbreviations: AD, autosomal dominant; AR, autosomal recessive; MOI, mode of inheritance; OI, osteogenesis imperfecta.

<sup>&</sup>lt;sup>a</sup>The genes are the latest additions to the 2015 nosology list.

understanding of the cellular and biological pathways involved in OI. However, the rapid pace of these discoveries has resulted in the publication of multiple classifications, which often times proves challenging for the clinician to remain abreast of and for the patient to understand.

This review was conducted in order to document the history and evolution of the nosology of OI from the four simple types described in 1979 to the heterogenous 29 types described in 2019. Undoubtedly, with advances in molecular and biochemical techniques, this classification will continue to evolve, and our understanding of the genotype-phenotype correlations will continue to expand. It is, however, important that researchers and clinicians are familiar with the historic nomenclature to better understand and utilize the wealth of existing literature, which is available.

It is well known that disharmony in osteoblast and osteoclast activity can result in irregularities in bone density. The understanding of the molecular basis for bone development and remodeling has improved significantly in recent years. Several of the identified disease-causing genes in OI can be classified into one of three major signaling pathways based on their function. These are collagen I biosynthesis, WNT signaling and TGF $\beta$  signaling. A majority of the

recently identified pathogenic variations encode for proteins involved in the post-translational modification of collagen and genetic defects in osteoblast development. A few disease-causing genes that function in bone formation is still unclear and independent of the previously mentioned signaling pathways.

Collagen, in particular collagen type I, is the most abundant and important organic component of the extracellular matrix which provides bone with flexibility and strength. Hence, a mutation in one of the genes responsible for collagen type 1 synthesis and assembly can be a causative factor in OI. Approximately 90% of the AD forms of OI which result from mutations in *COL1A1* and *COL1A2* have been identified (Figure 2).<sup>39</sup>

The remaining 10% of the AR types of OI result from mutations in CRTAP, LEPREI1, PLOD2, CREB3L1, PPIB, SERPINH1, SERPINF1, FKBP10, TMEM38B, MBTPS2, SPARC and BMP. These genes are directly or indirectly involved in the collagen type I synthesis and assembly (Figure 3).<sup>40</sup>

Apart from genes involved in collagen 1 biosynthesis, mutations in genes that are involved in other pathways pertinent to bone formation have also been reported. Mutations in *WNT1*, a ligand of the WNT signaling pathway and mutations in *Sp7*, which encodes osterix,

**TABLE 6** Novel gene subtypes of osteogenesis imperfecta. Adapted from Forlino and Marini (2016)<sup>31</sup>

Туре	MOI	Gene	Protein	Disease mechanism	Skeletal phenotype	Associated features
I	AD	COL1A/2	Collagen type 1, α1/2	Collagen synthesis/ processing	Mild-moderate	DI, blue sclera, deafness
II	AD				Lethal	Pulmonary hypoplasia
III	AD				Severe	
IV	AD				Moderate	DI, basilar invagination
V	AD	IFITM5	Interferon-induced transmembrane protein 5	Mineralization defect	Moderate	Hyperplastic callous formation
VI	AR	SEPINF1	Pigment epithelium-derived factor	Mineralization defect	Moderate-severe	"Fish scale" pattern on iliac crest biopsies
VII	AR	CRTAP	Cartilage-associated protein	Collagen modification	Severe-lethal	Similar to IV, rhizomelia
VIII	AR	LEPRE1	Leucine proline-enriched proteoglycan 1/prolyl 3-hydroxylase 1	Collagen modification	Severe-lethal	Platyspondyly, scoliosis
IX	AR	PPIB	Peptidylprolyl isomerase B/cyclophilin B	Collagen modification	Severe	Short stature
Χ	AR	SERPINH1	Serpin peptidase inhibitor	Chaperone defect collagen folding	Severe	Nephrolithiasis
XI	AR	FKBP10	FK506 binding protein 65	Chaperone defect collagen folding	Moderate-severe	Congenital contractures
XII	AR	SP7	Transcription factor 7	Osteoblast development	Moderate	Midface hypoplasia
XIII	AR	BMP1	Bone morphogenic protein 1	Collagen synthesis/ processing	Mild-severe	Umbilical hernia
XIV	AR	TNEM38B	Transmembrane protein 38 B	Collagen modification	Severe	
XV	AR	WNT1	Wingless-type member 1	Osteoblast development	Moderate-severe	Neurological deficits
XVI	AR	CREB3L1	CAMP responsive element binding	Osteoblast development	Severe	

Abbreviations: AD, autosomal dominant; AR, autosomal recessive; DI, dentinogenesis imperfecta; MOI, mode of inheritance.

an important regulator of mesenchymal stem cell differentiation have been described. <sup>25,41</sup> Finally, OI type V is caused by mutations in the *IFITM5* gene of which the function is still largely unknown. <sup>42</sup> Homozygous mutations in *WNT1* cause OI types III and XV. Heterozygous inactivating mutations in *WNT1* and heterozygous loss of function mutations in *LRP5* are also indicated in juvenile osteoporosis. <sup>43</sup>Both in vivo and in vitro studies have determined that the TGF $\beta$  signaling pathway can influence bone formation and resorption and is an essential regulator of bone remodeling. <sup>44</sup>

Using exome sequencing, mutations in *PLS3* were identified in a family with x-linked osteoporosis although the role of *PLS3* in bone remodeling is uncertain. Based on the ability of PLS3 to bind actin and

the expression of *PLS3* in osteocytes, a role in mechano-sensing has been proposed.  $^{44}$ Osteocytes induce increased bone formation by suppressing *SOST* expression as an adaption to mechanical loading. In this way, mutations in *PLS3* could explain the osteoporotic phenotype in patients.  $^{45}$ 

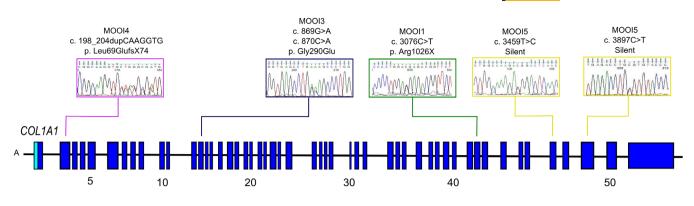
Over the years, the diagnosis of OI has been dependent on the correlation of clinical data with analysis of relevant radiographs and biochemical findings. Until recently, molecular genetic confirmation has often been the concluding step in the diagnostic process. However, there is considerable overlap in the clinical presentation caused by the various molecular defects. This implies that the molecular cause cannot be deduced from the clinical presentation of the

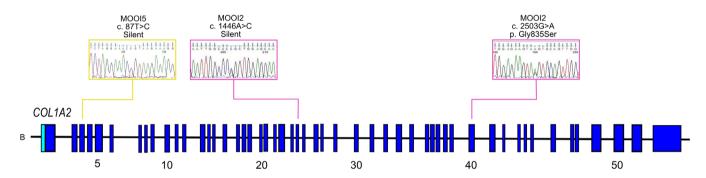
**TABLE 7** Category 25: osteogenesis imperfecta and decreased bone Density group,<sup>32</sup> (modified by the author to only include OI and related conditions as well as the additional loci recently reported)

Name of disorder	MOI	OMIM No.	Gene	Molecular diagnosis OMIM
Ol type 1	AD	166200	COL1A1, COL1A2	Ol type I
OI type 2	AD	166200	COL1A1, COL1A2	OI type II
	AR	610854	CRTAP	OI type VII
	AR	610915	LEPRE1	OI type VIII
	AR	259440	PPIP	OI type IX
	AR <sup>a</sup>	607723 <sup>a</sup>	SUCOª	SUN1 <sup>a</sup>
OI type 3	AD	259240	COL1A1, COL1A2	OI type III
	AR	613982	SERPINF1	OI type VI
	AR	610682	CRTAP	OI type VII
	AR	610915	LEPRE1	OI type VIII
	AR	259440	PPIB	OI type IX
	AR	613848	SERPINH1	OI type X
	AR	610968	FKBP10	OI type XI
	AR	615066	TMEM38B	OI type XIII
	AR	112264	BMP1	OI type XIV
	AR/AD	615220	WNT1	OI type XV
	AR	616229	CREB3L1	OI type XVI
	AR <sup>a</sup>	616507 <sup>a</sup>	SPARC <sup>a</sup>	OI type XVII <sup>a</sup>
	$AR^a$	617952°	TENT5A(FAM24A) <sup>a</sup>	OI type XVIII <sup>a</sup>
	$AR^{a}$	607783°	MESD <sup>a</sup>	OI type XX <sup>a</sup>
OI type 4	AD	166220	COL1A1, COL1A2	OI type IV
	AD	615220	WNT1	OI type XV
	AR	610854	CRTAP	OI type VII
	AR	259440	PPIB	OI type IX
	AR	610968	FKBP10	OI type XI
	AR	606633	SP7	OI type XII
OI type 5	AD	610967	IFITM5	OI type V
Osteoporosis X-linked form <sup>a</sup>	XL	300294	PLS3	OI type XIX
	XL		MBTPS2	
Osteporosis AD form <sup>a</sup>	AD	615220	WNT1	OI type XV
	AD		LRP5	

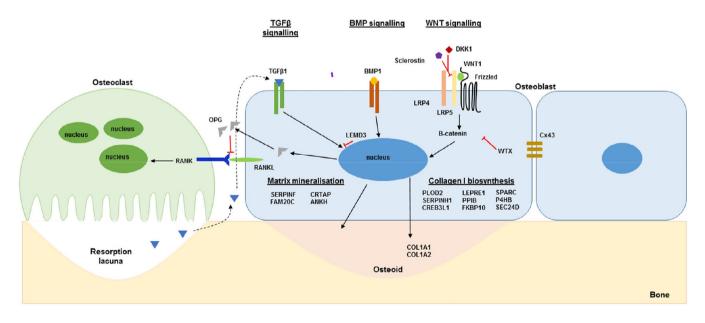
Abbreviations: AD, autosomal dominant; AR, autosomal recessive; MOI, mode of inheritance; OI, osteogenesis imperfecta.

<sup>&</sup>lt;sup>a</sup>The genes and clinical conditions are the latest additions to the 2019 nosology list.





**FIGURE 2** Novel mutations are shown in a schematic representation of the *COL1A1* and *COL1A2* genes in five patients with OI. In COL1A1: one missense mutation (p. Gly290Glu), one nonsense mutation (Arg1026Ter), one out-of-frame insertion mutation (p. Leu69GlufsX74) and two silent mutations. In COL1A2: one missense mutation (p. Gly835Ser) and two silent mutations



**FIGURE 3** A schematic representation of the most important signaling pathways regulating bone remodeling which have been identified through the investigation of monogenic bone disorders such as osteogenesis imperfecta<sup>36</sup>

patient.<sup>46</sup> A notable exception is the distinctive features of AD IFITM-related OI.<sup>17,47</sup> To add to the complexity of attempting to correlate a molecular diagnosis from a clinical picture, the previously established

relative frequencies of OI types do not appear to hold true to more recent studies using next-generation sequencing, especially in those from developing countries. 48,49 85% to 90% of OI cases are believed

to be due to *COL1A1* and *COL1A2* defects<sup>28,50</sup> and AD IFITM5 defects are the most prevalent non-collagenous form of OI.<sup>51</sup> However, studies conducted in China,<sup>52</sup> Malaysia,<sup>53</sup> India<sup>54</sup> and Brazil<sup>42</sup> found between 49% and 73% of OI are due to *COL1A1* and *COL1A2* defects. There could be several reasons for this, including the relative distribution of mild, moderate and severe cases within the samples. Mild and moderate OI tends to be associated with collagen defects and more severe forms of the disease are associated with non-collagenous defects.<sup>46,55</sup> This discrepancy may also be due to the superior proficiencies of next-generation sequencing as compared to Sanger sequencing which was predominantly used in previous studies. Finally, these findings could truly represent population differences in the molecular diversity of OI defects. These contradictions between previous literature and more recent studies indicate that the more we are learning about OI, the more questions arise.

With the availability and reduction in the cost of next-generation sequencing, a "genotype first - phenotype later" approach may soon be the more desired approach implemented. The "genotype first- phenotype later" approach has limitations with regard to predicting clinical outcomes as genotype-phenotype correlations are still not well established in OI patients. Families with the same pathological variant have been shown to have heterogenous clinical features and conflicting findings are common between OI studies. For example, a study of Swedish OI patients<sup>56</sup>observed that those without collagen I mutations do not have dental aberrations, whereas a large study of Italian OI patients found that 33.3% of patients with these defects have dentinogenesis imperfecta.<sup>57</sup> These are starkly contrasting findings. New genetic variants are constantly being found that do not relate to known pathogenic variants, but patients have similar phenotypes. A study on a Palestinian sample of only 77 OI patients found 11 novel pathogenic variants in known disease-causing genes and 10% of their sample had no pathogenic variants in known disease-causing genes.<sup>58</sup> Therefore, the more that is understood about genotype-phenotype correlations, the more it will become clinically useful and informative to the clinician, patients and genetic councilors. It would be advisable that equal emphasis is placed on both genotyping and phenotyping. The ever-evolving nosologies remain a useful reference for diagnosis and genetic counseling. However, the limitations of these reference guides need to be acknowledged.

In terms of the clinical classification of OI, information concerning newly discovered genes was initially merged into Sillence types I to IV, which reflected clinical severity. Type V, which was added, has distinct radiographic features in comparison to the other types. Difficulties arose with this classification in the provision of accurate genetic counseling as the condition may change in severity during the lifetime of an affected person. Thereafter, a functional classification system was proposed in which it was suggested that the subtype of OI should be classified based on the underlying pathological mechanism of disease. In this way, primary collagen structure and function, together with defects in ossification and mineralization would be grouped together. The genetic classification, which has now evolved has expanded upon the original Sillence classification and a new subtype has been proposed for each defective gene. The genome database,

OMIM, currently lists 20 types of OI, OI types I to XX. This numerical listing is an amalgamation of the original 5 clinical types with 15 further genotypes resulting from dominant, AR or sex-linked inheritance. It is anticipated that this classification will continually evolve as novel genes are discovered.

Despite the lack of current consensus as to how to incorporate the newly discovered genes for OI into a clinically useful system, there is no doubt that their identification has provided crucial information. In particular, these novel gene discoveries have expedited investigations into pathogenic pathways involved in OI and this information concerning the molecular pathogenesis has resulted in the development of specific therapeutic medical interventions.

A regularly updated nosology is also easy to disseminate and enhances communication between stakeholders, which would otherwise need to navigate the barrage of the literature that is constantly produced on the topic. A web-based nosology with all relevant clinical and molecular information with links to relevant studies and data and allows for a variety of targeted searches, would complement the published nosology and overcome the limitations of the nosology falling behind between revisions. 99,60 One such database is the Osteogenesis Imperfecta & Ehlers Danlos syndrome Variant Database hosted by the University of Leicester (https://www.le.ac.uk/genetics/collagen/).

# 5 | CONCLUSION

The understanding of OI has undergone rapid changes over the last decade and significant genetic concepts have been promulgated. The successive revisions of the nosology and classification of OI have highlighted the importance of the nomenclature of the condition in order for it to be recognized by clinicians, scientists and patient advocacy groups. In this way, improved counseling of patients and individualized, tailored therapeutic approaches based on the underlying pathophysiology of the individual's type of OI have been facilitated. However, the rate of new findings makes it impossible to remain abreast of new findings. Therefore, a web-based, constantly updated resource is desirable to complement the widely disseminated and accepted nosology.

#### **CONFLICT OF INTEREST**

The authors declare no potential conflict of interest.

#### DATA AVAILABILITY STATEMENT

N/A

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